

# FREE CHAPEL COLLEGE

Young Adults

## **COURSE DESCRIPTION**

*This course offers each student the unique opportunity to work in the specific area of **Young Adult Ministry**. Students will work alongside Free Chapel's young adult department in the following areas of ministry:*

- *Building Teams*
- *Leadership Development*
- *Leading Small Groups*
- *Pastoring People*
- *Event Planning*
- *Series Development*
- *Message Planning*
- *Message Delivery*
- *Mentorship*
- *Time-Management*
- *Team Leadership*
- *Multi-site Young Adult Ministries*

## **OBJECTIVES:**

*Understand the role of a strategic and practical young adult minister in the following areas:*

- 1)** *Understand how to be an effective communicator*
  - a.** *Learn how to be engaging with young adults*
  - b.** *Learn how to connect with leaders in ministry*
  - c.** *Learn how to connect people to one another*
- 2)** *Learn and execute the primary points of being a strategic leader*
  - a.** *Scheduling*
  - b.** *Creating small group opportunities*
  - c.** *Creating intentional worship experiences*
  - d.** *Creating mission, vision, and strategy*
- 3)** *Understand the biblical steps in developing community*
  - a.** *Personal soul care*
  - b.** *Planning events*
  - c.** *Mentoring young adults*
  - d.** *Building relationships*
- 4)** *Development & Application*
  - a.** *Team leadership*
  - b.** *Goal setting/time management*
  - c.** *Public speaking*

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| <b>WEEK / DATES</b> | <b>Course Name</b>    | <b>Description</b>  |
|---------------------|-----------------------|---|
| <b>Term 1</b>       | <b>Basics</b>         |   |
| Week 1              | Orientation           | <ul style="list-style-type: none"> <li>- Welcoming new students</li> <li>- Build Relationships</li> </ul>                     |
| Week 2              | Vision                | <ul style="list-style-type: none"> <li>- Share FCYA Mission, Vision, and Strategy</li> </ul>                                  |
| Week 3              | Speed of Trust        | <ul style="list-style-type: none"> <li>- Intro book</li> <li>- Overview of 13 Behaviors</li> </ul>                            |
| Week 4              | Basics                | <ul style="list-style-type: none"> <li>- Answering the Why Of Ministry</li> <li>- Relationship Building</li> </ul>            |
| Week 5              | Basics                | <ul style="list-style-type: none"> <li>- Time-Management</li> <li>- Real Accountability</li> </ul>                            |
| Week 6              | Speed of Trust        | <ul style="list-style-type: none"> <li>- Talk Straight</li> <li>- Right Wrongs (LOVE THIS)</li> <li>- Extend Trust</li> </ul> |
| Week 7              | Speed of Trust        | <ul style="list-style-type: none"> <li>- Deliver Results</li> <li>- Focus on the root (What is not seen)</li> </ul>           |
| Week 8              | Spring Break          | <ul style="list-style-type: none"> <li>- Spring Break Week</li> </ul>   |
| Week 9              | Gathering Preparation | <ul style="list-style-type: none"> <li>- Young Adult Gathering</li> </ul>   |
| Week 10             | Basics                | <ul style="list-style-type: none"> <li>- Pain of discipline, or regret</li> <li>- Prayer works</li> </ul>                     |
| Week 11             | Speed of Trust        | <ul style="list-style-type: none"> <li>- Get Better</li> <li>- Confront reality</li> <li>- Practice Accountability</li> </ul> |
| Week 12             | Gathering Preparation | <ul style="list-style-type: none"> <li>- Check Request</li> <li>- Gathering Budgeting</li> </ul>                              |
| Week 13             | Speed of Trust        | <ul style="list-style-type: none"> <li>- Clarify Expectations</li> <li>- Listen First</li> </ul>                              |
| Week 14             | Speed of Trust        | <ul style="list-style-type: none"> <li>- Keep Commitments</li> <li>- Show Loyalty</li> <li>- Demonstrate Respect</li> </ul>   |
| Week 15             | Close Semester        | <ul style="list-style-type: none"> <li>- Recap One thing</li> </ul>   |
|                     |                       |   |

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| <b>WEEK / DATES</b> | <b>Course Name</b>                | <b>Description</b>   |
|---------------------|-----------------------------------|--|
| <b>Term 2</b>       | <b>Boundaries</b>                 |  |
| Week 1              | <i>Introduction to Boundaries</i> | - <i>What is a boundary?</i>   |
| Week 2              | <i>Scheduling</i>                 | - <i>Daily Schedule</i><br>- <i>T3</i>   |
| Week 3              | <i>Boundaries</i>                 | - <i>Understanding Boundaries</i>  |
| Week 4              | <i>Creating Personal Vision</i>   | - <i>How to hear</i><br>- <i>How to build</i>  |
| Week 5              | <i>Boundaries</i>                 | - <i>The Law of Boundaries Part I</i>  |
| Week 6              | <i>Soul Care</i>                  | - <i>Practical ways to develop Soul and spirit</i><br>- <i>Illustration Body, soul, Spirit</i> |
| Week 7              | <i>Boundaries</i>                 | - <i>The Law of Boundaries Part II</i>   |
| Week 8              | <i>Soul Care</i>                  | - <i>Small Group</i><br>- <i>How to talk about real things, in real time</i>                   |
| Week 9              | <i>Message Planning</i>           | - <i>Creating Message</i><br>- <i>Making room for God to speak</i>                             |
| Week 10             | <i>Boundaries</i>                 | - <i>Myths about Boundaries</i>  |
| Week 11             | <i>Boundaries</i>                 | - <i>Boundary Conflicts Part I</i>   |
| Week 12             | <i>Message Delivery</i>           | - <i>Studying, Praying, Thinking, Free</i>   |
| Week 13             | <i>Boundaries</i>                 | - <i>Boundary Conflicts Part II</i>  |
| Week 14             | <i>Boundaries</i>                 | - <i>Boundary Successes Part I</i>   |
| Week 15             | <i>Boundaries</i>                 | - <i>Boundary Successes Part II</i>  |

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| <b>WEEK / DATES</b> | <b>Course Name</b>      | <b>Description</b>  |
|---------------------|-------------------------|---|
| <b>Term 3</b>       | <b>Building</b>         |   |
| Week 1              | Welcome                 | <ul style="list-style-type: none"> <li>- Welcoming new students</li> <li>- Build Relationships</li> </ul>   |
| Week 2              | Leadership              | <ul style="list-style-type: none"> <li>- Influence VS Servanthood</li> </ul>  |
| Week 3              | 7 Habits of HEP         | <ul style="list-style-type: none"> <li>- Intro Book</li> <li>- Habit Vs. Keystone Habit</li> </ul>  |
| Week 4              | Dream Big/Think Small   | <ul style="list-style-type: none"> <li>- Energy</li> <li>- Attraction of thoughts</li> <li>- Visualizing</li> </ul>   |
| Week 5              | Message Practicing      | <ul style="list-style-type: none"> <li>- Practice Perfect</li> </ul>  |
| Week 6              | 7 Habits of HEP         | <ul style="list-style-type: none"> <li>- Be Proactive</li> <li>- Practical Ex.</li> </ul>   |
| Week 7              | 7 Habits of HEP         | <ul style="list-style-type: none"> <li>- Begin with the end in mind</li> <li>- Practical Ex.</li> </ul>   |
| Week 8              | Building Relationships  | <ul style="list-style-type: none"> <li>- Healthy Relationships</li> <li>- Building from Values</li> <li>- Helping Others</li> </ul>                               |
| Week 9              | 7 Habits of HEP         | <ul style="list-style-type: none"> <li>- Put First Things First</li> </ul>  |
| Week 10             | 7 Habits of HEP         | <ul style="list-style-type: none"> <li>- Think Win/Win</li> </ul>   |
| Week 11             | Effective Communication | <ul style="list-style-type: none"> <li>- Connecting with other young adults</li> <li>- Connecting with leaders</li> <li>- Connecting with other people</li> </ul> |
| Week 12             | 7 Habits of HEP         | <ul style="list-style-type: none"> <li>- Seek First to Understand, then to be understood</li> </ul>   |
| Week 13             | 7 Habits of HEP         | <ul style="list-style-type: none"> <li>- Synergize</li> </ul>   |
| Week 14             | 7 Habits of HEP         | <ul style="list-style-type: none"> <li>- Sharpen the saw</li> <li>- Inside-Out</li> </ul>   |
| Week 15             | Overview                | <ul style="list-style-type: none"> <li>- Review the one thing</li> </ul>  |

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| <b>WEEK / DATES</b> | <b>Course Name</b>     | <b>Description</b>   |
|---------------------|------------------------|--|
| <b>Term 4</b>       | <b>Becoming</b>        |  |
| Week 1              | Leadership             | <ul style="list-style-type: none"> <li>- Leading teams</li> <li>- 7 people</li> </ul>  |
| Week 2              | Leadership             | <ul style="list-style-type: none"> <li>- Intro Book</li> <li>- 5 Levels of Leadership</li> </ul>                                       |
| Week 3              | 5 Levels of Leadership | <ul style="list-style-type: none"> <li>- People Follow because they have to</li> </ul>   |
| Week 4              | Time Management        | <ul style="list-style-type: none"> <li>- Focusing time to maximize productivity</li> </ul>   |
| Week 5              | Goal Setting           | <ul style="list-style-type: none"> <li>- Goal setting strategies</li> <li>-</li> </ul>   |
| Week 6              | Public Speaking        | <ul style="list-style-type: none"> <li>- Where to start.</li> <li>- How to develop talent and gifts</li> </ul>                         |
| Week 7              | Public Speaking        | <ul style="list-style-type: none"> <li>- Practice Communicating</li> </ul>   |
| Week 8              | 5 Levels of Leadership | <ul style="list-style-type: none"> <li>- Permission People follow because they want to</li> </ul>                                      |
| Week 9              | Leadership Development | <ul style="list-style-type: none"> <li>- Develop Personal Growth Plan</li> <li>- Practical Ex.</li> </ul>                              |
| Week 10             | 5 Levels of Leadership | <ul style="list-style-type: none"> <li>- Production People follow because of what you have done for the organization</li> </ul>        |
| Week 11             | Small Groups           | <ul style="list-style-type: none"> <li>- Casting Vision</li> <li>- Caring for people</li> </ul>  |
| Week 12             | 5 Levels of Leadership | <ul style="list-style-type: none"> <li>- People Development people follow because of what you have done for them personally</li> </ul> |
| Week 13             | Team Leadership        | <ul style="list-style-type: none"> <li>- How the vision keeps everyone going.</li> <li>- Your part</li> </ul>                          |
| Week 14             | 5 Levels of Leadership | <ul style="list-style-type: none"> <li>- Pinnacle People follow because of who you are and what you represent</li> </ul>               |
| Week 15             | Review                 | <ul style="list-style-type: none"> <li>- What is your one thing?</li> </ul>  |